

Foundation Stone Meditation as a Counter-
image of Evil, in light of the American
Eclipse Part III

Dedicated to Sergei O Prokofieff

Article in four stages

On August 18th, 2017

THE FOUNDATION STONE MEDITATION

Third Panel

Protection against Lucifer

Soul of Man!
Thou livest in the resting head
Which from the ground of the Eternal
Opens to thee the thoughts of worlds
Practice *Spirit-vision*
In quietness of Thought,
Where the eternal aims of Gods
World-being's light
Upon thine own I unite
For thy free willing.
Then from the ground of the Spirit in Man
Thou wilt truly *think*

For the Spirits Universal Thoughts hold sway
In the beings of all worlds craving for light.
Archai, Archangeloi, Angeloi!
Let there be prayed in the depths,
What in the height is answered,
Speaking:
Per Spiritum, Sanctum, Reviviscimus
The Elemental Spirits hear it,
In the East and West and North and South,
May human beings hear it!

SPIRIT VISION/REVELATION OF THE SPIRIT

In our previous considerations we have seen how, if we are to live an Earthly life, we are dependent on the physical body. Our limbs are related to the Father spirits whose forces live in our will and our ability to create memory, and we explored how we are asked in the first panel to dive deep into our souls to recollect what we have forgotten - what lives

behind nature - the spirit that is always entering into us. This helps us to truly Live or to find what lives in us.

This Life is a Counterforce to the death of our consciousness through materialism that is inspired by Asuras.

We also saw in the second part of this study, how our heart and lungs is related to our feelings, to our etheric body and how all our sympathies and antipathies are merely the dreamy experience of elemental spirits weaving in us. We explored how our conscious relationship to these spirits is what enables us to find Christ, to connect to His willed I and his Word, the all pervading cosmic love, through harmony and balance, to feel consciously the in breathing and out breathing, the interplay between the spirit in the world and the spirit in the self, so we can truly feel.

In the body we only have balance because we have two legs two arms, two eyes, and two ears...two lungs etc...but we only have one heart. One heart whose function through the activity in the blood enables us to find balance, for the heart's blood is found in the entire body. For it is the Etheric body that supports the physical body. So too does Christ support us, he permeates us entirely and our consciousness of this can bring about the balance we need. He brings the trinity to the duality of Ahriman.

This truth is a Counterbalance to the lies of Ahriman.

Now we will consider our head, in which lies our brain and most of our senses, which in the physical body have their seat in the nervous system and how this is related to our ability to perceive the spirit so that we can truly think.

In a sense we come now in the Third Panel to the opposite pole to will found in the First Panel, but we must not really look at it that way because in reality in everyday life there is a continual interplay of Will and Thought which is mediated through our feelings, just as in our physical bodies there is a constant interplay between all three bodily systems.

Our thoughts may be moved by something that rises up from the will life, and our actions may be determined by a thought we may have. What lives between is the dream of our feeling life which weaves the light of

thinking into the darkness of the will to bring about 'colour' or sympathies and antipathies.

If we had to think consciously into every movement we could not think. For instance, as I'm typing this, if I had to consciously order my nerves to move the muscles of my arms and bones and the various bones muscles and sinews and tendons of my hands, I would not be able to think about what I wanted to type. Likewise, if I had to order my metabolism to digest the food I ate, consciously determining the amount of stomach acid to inject at just the right time, which peptides to release and how much bile etc and then continuing on to the workings of the bowels in absorption and elimination, there would be no time for thinking of anything other than 'living.'

It is for this reason that 'Life' has become an unconscious process.

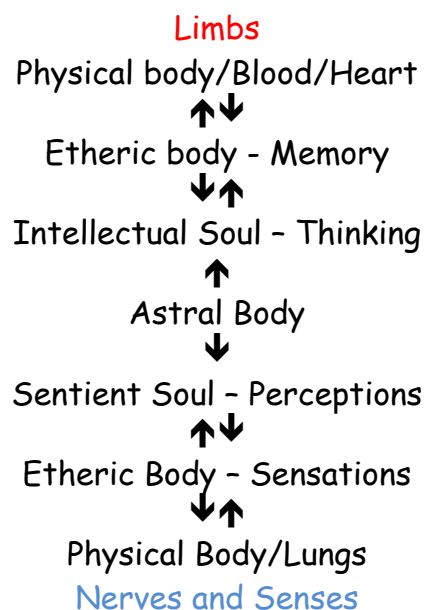
It is the same for our heart and lungs, which mediate between our thinking and will, our head and metabolism. If we had to consciously adjust our blood pressure and temperature and be involved in the process of breathing in and out each time, so that oxygen can be absorbed into our blood and if we had to make minute adjustments to the blood through the production of white blood cells and red blood cells (which carry our oxygen like couriers) through the agency of bones, liver, spleen etc, there would also be no time left, no SPACE left, in our heads for thinking creatively.

Thinking only came about because the processes of our nerves, of our circulatory system and our metabolism occur below the level of our consciousness. We know that we move but we don't enter into the mechanics of movement with our thinking. We know that we breathe in and out and that our hearts beat but it does not consume our consciousness, we feel a sense of well being when our body works in harmony, in the same way that when we read a word we don't look at each individual letter but we remove the consciousness of each letters from the process so that we can move to the meaning of the word. In the sphere of numbers it is like the innate harmony felt in the soul when things add up, when we can count on the world making sense to us. The sun always rises in the east and sets in the west. The cycles of the moon, the rhythms of the seasons of day and night...these make sense, they add up, just like a word makes sense because we know its meaning. When things don't add up it causes us to feel an imbalance.

Rudolf Steiner tells us that a child walks, talks and then thinks. In other words, first comes the limbs, secondly the sphere of heart and lungs because speaking is intimately connected to breath and blood, and thirdly thought. Hence the Foundation Stone Meditation is a meditation on the physical body's connection to Soul and Spirit but it is also a meditation on how the human being has over aeons, developed from Saturn, Sun and Moon evolutions which is found in the development of the child. It is both Macrocosmic and Microcosmic.

So, in the sphere of the soul, nerves and the senses work together because thought and perception became thought only became possible after our eyes were opened by Lucifer in Lemurian times, as seen in the Biblical account of Adam and Eve.

Thinking and the senses are related to therefore related to Astral body, and have a particular connection in two directions - one to the Intellectual Soul and the other to the Sentient Soul.



The intellectual Soul is connected to the Etheric Body and Memory making which is in turn connected to the blood and to our limbs, since without our blood we would not have develop our Astral body because the Ego can only its way into the human being through the blood. Meanwhile the Sentient Soul is connected to the Etheric body through the inner sensations felt by the impressions made upon the Etheric through our perceptions and is therefore related to the lungs, in the sense that

without Oxygen we would not have developed thought in our Astral Body, for oxygen is necessary for thought.

So we can see it this way (which is seeing it from a another standpoint):

Astral body = Thought - nerves and senses

Etheric body = Feelings - lungs and heart

Physical body = Will - limbs

But also this way:

Astral body = Feelings - through Sentience.

Etheric body = Thought - through Intellect

Physical body = Consciousness - through Sentience and Intellect

The 'head' or brain is the only part of us that does not move in order to be active. Our limbs move through the world of Space, our heart and lungs move to the rythmn of time our head rests, or more specifically, our brain rests and this is the only reason we can think.

For instance, take a mirror and a human being.

In order for the human being to see their own reflection in the mirror the mirror has to be still or lifeless. If the mirror were alive and moved about, the human being would not be able to see their reflection in it. The brain or 'head' acts like a mirror for the ego which lives in spiritual worlds, the brain is dead, it doesn't move so that it can reflect.

We live in the resting head, or the mirror, which reflects to us all we take into to our souls from the outer world. In other words, we know ourselves as living, breathing, walking beings because we can think and remember, feel and act - we can perceive ourselves in the mirror.

The spirit, the one who stands before the mirror does not belong to the Earth, despite the fact that it experiences itself as a living being because it is reflected in a body which stands on the Earth.

In truth what underlies our head our nerves and senses is dead on Earth but in the spiritual worlds it lights up as a living thing, therefore our 'head' or what founds it, is grounded in the Eternal. When we entered

Earth evolution and became Earthly beings, we left behind the Life that pertains to the Astral body and our Nerves and senses - our Spiritual selves, this spiritual self lives one might say, in the realm of the Holy Spirit.

The third hierarchy has a particular connection to the Holy Spirit as its representative. It also has a connection to the Moon because the moon acts as an organ of reflection for the Holy Spirit, just as the human brain acts as an organ of reflection for the spirit of the human being.

In a sense from the standpoint of the Moon, the Holy Spirit is something that is 'beyond it' the Holy Spirit throws its light towards the Moon through the agency of the Third Hierarchy who are its messengers and in particular the Angels who are the representatives of the entire third hierarchy.

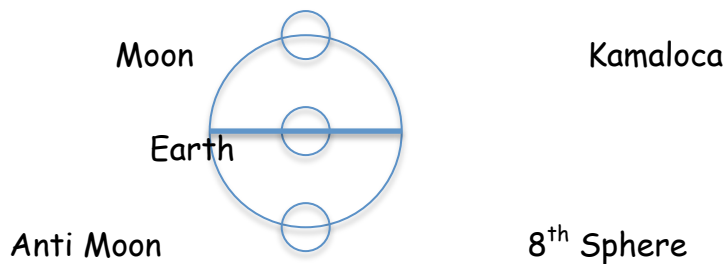
<u>Realm of Eternal</u>	<u>Realm of Time</u>	<u>Angelic Messenger</u>
Father -	First Hierarchy	Archai
Son	Second Hierarchy	Archangel
Holy Spirit	Third Hierarchy	Angel

Why are the Angels the messengers of the Third Hierarchy to the Holy Spirit?

The Angels are those beings who developed their human stage on Old Moon, where the Astral body of human beings was being implanted by the Spirits of Movement. During the transition between Moon evolution and Earth evolution what was not compatible with either Moon or Earth, all that was related to Luciferic and Ahrimanic backwardness formed its own sphere out of mineralised imaginations which occultists call the 8th sphere, because by rights there should only be 7. The 8th is a rogue, a shadow of the moon sphere - one can call it an anti moon.

'On the Old Moon certain pictures were present. These should have passed over to the Earth as something everywhere perceptible. But Lucifer and Ahriman retained them for themselves. Lucifer and Ahriman wrested from the Earth certain of its constituents and made them into Imaginations, so that these Earth-substances became, not Earthly formations, but Moon formations. Into our Fourth Sphere, therefore, there has been instilled a sphere that is really a Moon-sphere, but is

*filled with Earthly substantiality and is therefore a bogus creation in the Universe. To the seven Spheres, an Eighth, created in opposition to the progressive Spirits, has been added. The necessary consequence of this is that the Spirits of Form must do battle on the Earth for every morsel of substantiality capable of mineralisation, lest it should be wrested from them by Lucifer and Ahriman and borne into the Eighth Sphere.'*¹



During Lemurian times, as a recapitulation of Old Moon, the Moon split from the Earth again, and human beings were given the stimulus to develop an inner spirit by the 6 Sun Elohim on the Sun, they breathed the breath of the spirit into human beings, but Jehova Elohim, who had not proceeded to the Sun sphere with the other Elohim but had remained behind on the Moon, did so to reflect the light of the Holy Spirit to human beings, to provide a spiritual/light Counter-image to the dark anti Moon sphere.

This Counter-image works in two ways, in one way it holds the Anti Moon in check through its density or Will - it works something like the poles of two magnets do when they are placed near each other (North to North or South to South), they will repel each other keeping equidistance and not allowing the 8th Sphere to 'unite' with the Earth.

In another way the Moon is a reflector of the Thoughts of Worlds, from the Realm of the Eternal Holy Spirit. These thoughts were taken up by the angels to become their own substance when they completed the development of the Astral body. In other words the Spirit entered into the Self of angels during Earth evolution and the Moon reflects this spirit back to human beings as the light of the Spirit through their

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<http://wn.rsarchive.org/Lectures/GA254/English/RSP1973/19151018p01.htm>

agency. The interesting thing is that this 'light' is strongest when the moon is not reflecting outer light!

That is why Angels are called Spirits of Light or Sons of Light. They bestow upon humanity the light of the spirit, which is the substance of their own individualised, Spirit Self.

So one could say that the Angels who elaborated their Astral body on Old Moon, to the point where the Spirit could enter into their souls, are the messengers or reflectors of the Eternal Light Thoughts upon which our 'Heads' are grounded.

This reflection was necessary because when we entered Earthly existence we left the spirit behind and the Nerves and Senses are the dead shadow of this spirit. It is something that was once living but which had to die when it entered Earth evolution, to allow us to form Earthly thoughts. Just as the physical light of the Sun can only be reflected from the Moon when there is no reflection of the Holy Spirit light.

Physical Sun light reflection by the Moon is akin to Ordinary Thinking.
Holy Spirit light reflection by the Moon is akin to Spiritual Thinking

What lives in the angels, as part of their 'self', the spirit, had to remain outside us, so that we could become Earthly Beings, for two reasons, firstly human beings would always be compelled by the spirit, and secondly as human souls developed it was not possible for the soul to tolerate this direct light of the spirit despite the fact that the spirit was its creator, just as the eyes cannot tolerate the direct light of the physical sun despite the fact that the sun created the eyes.

Human beings as we have seen in our previous studies had to create Earthly Thoughts by forgetting the thoughts of worlds, he had to create these through physical perceptions which were made possible by the light of a physical Sun.

The Holy Spirit whose thoughts created the natural world, could only will its thoughts into the human being as a memory of their working in the world through the elemental spirits, who enter into the human soul with every external sense perception.

So we can say:

<u>On Earth</u>	kinship in	<u>In Spiritual Worlds</u>
Astral body		Holy Spirit
Head/Nerves and senses		Angels
Death		Eternal Life
Earthly Thoughts		Cosmic Thoughts

So one might say that in the same way that the Holy spirit used the angels to reflect the light of Eternal thoughts to humanity, the angels use the elemental beings to will this life into our souls through our senses. They do this because they are connected to our Head/Nerves and senses and to our Astral body through which they have a deep kinship.

Life



Holy Spirit → Angels light → Elemental beings will → Human soul
↓
Death

We can understand this now:

Soul of Man!

Thou livest in the resting head
Which from the ground of the Eternal
Opens to thee the thoughts of worlds

This means that from the standpoint of the Earth our nerves may be dead in the realm of time but from the standpoint of the spiritual world however, our Astral body is grounded in the Eternal. For it is in the Eternal where we find the spirit, which the Angels 'hold' for us until it can enter into our souls without destroying it.

Here our spirit, is reflected by our brains/nerves and senses because this nervous system is 'dead' in the same way that the Moon, which is 'dead', reflects the light of the Holy Spirit to human beings.

Therefore we can say 'I'.

Our blood, is the opposite pole. Our blood belongs to the Earth, we can find all the substances of the 'dead' mineral kingdom in the blood. It only lives because it is connected to the cosmic element, to the spirit, which finds its reflection in it and fills it with activity, like heat brings life (activity) to cold water.

Our Blood enables us to say 'Am'.

The interaction between the two is I Am.

For this reason the human spirit would find no 'AM', it could not be reflected in the human being that does not possess blood or an 'AM'.

In spiritual worlds, however, the blood that provides us with life, is dead, because it is something acquired only during Earth Evolution and connected to the mineral kingdom. Conversely our nervous system is destined for a life beyond the Earth despite the fact that on Earth it is dead.

On Earth Blood is a Living image of what in spiritual worlds is Dead
On Earth Nerves are a Dead image of what in spiritual worlds is Life.

'If you investigate both the blood substance and the nerve substance in the light of spiritual science, you will readily see the tremendous difference between the two. Our nerve substance is not of the earth, but the blood substance is of the earth. Nerve substance originated in processes that took place before the formation of the earth. Our blood substance, and everything that streams and flows in it, has its origin completely in earthly processes. Our nerve substance is absolutely extraterrestrial, so to speak, and woven into us as something cosmic; it is related to the cosmos.

Our nerve substance has been transferred into the earthly realm; it exists here on the earth where we live as physical beings. Thus, we all bear something of extraterrestrial origin in us that has been transplanted onto the earth. This is a very important fact, for the nerve substance, as it rests in us, is actually dead. You need only open any current anatomy or physiology textbook to see that in terms of substance, nerve substance is the most durable in our body. It is the one most resistant to change and, like the blood substance, least subject to direct, mechanical interference from the outside. Our nerve substance is affected by influences of our sense perceptions, but it cannot be

influenced directly and mechanically because it was originally a living substance and is now dead because we as earth beings carry it in us. We might say if it were not paradoxical — though it is true in a spiritual sense regardless of any paradox — that if we could take our nerve substance and raise it to a sphere beyond the influence of earth forces, it would become a marvelous, living, vibrant being.

This nerve substance is, so to speak, designed for life in the heavens, in the extraterrestrial realm, but because it is in our organism and has thus entered the earthly sphere, it dies. This is very strange, isn't it? We have this nerve substance in us that is alive in the realm of the cosmos but dead in the realm of the earth. If we were to take some of this nerve substance up beyond the reach of earthly influences, we would have a wonderful, living, luminous substance. Of course, as soon as we returned it to our earthly sphere, it would revert again to the still, lifeless condition in which it now rests within us. Our nerve substance, then, is alive in the cosmos and dead on earth.²

Lucifer is that being who fell behind on Old Moon and is now in the rank of Angels but he is an Angel with the 'potential' of an Archangel.

In Lemurian times Lucifer took the opportunity to tempt the human being to enter deeper than intended into Earth evolution by way of the senses. Lucifer entered into the Astral body (for which he has a kinship) and gave birth to the senses, and through these to sentience or inner sensations. In this way he helped to elaborate an inner soul in the Astral body, which through Sentience is connected to the Etheric body. So, one can say that Lucifer finds himself particularly at home in the realm of the blood, though he longs for the nerves and senses, while Ahriman who slipped into the human soul through his perceptions of the physical world to elaborate thinking is more related to the Astral body in the realm of the nerves and senses but he longs for the blood.

Astral body/ Nerves and senses = Ahriman
Etheric body/Blood = Lucifer.

This is the point where all we have learned through spiritual science takes on a deeply serious character. For we have to realize that the nerve substance we have in us is by its very nature destined for life, and yet it

²<http://wn.rsarchive.org/Lectures/GA169/English/AP1990/19160613p01.html>

*is dead. Why is that? It is dead because it has been transplanted onto the earth. Death — as you can read in the cycle of lectures I gave in Munich — is actually the kingdom of Ahriman. Thus, because our nervous system lost its life in its descent into the earthly sphere, we carry an ahrimanic element in us. And because our blood is alive — though by its very nature destined for death, that is, for mere chemical and physical processes — we have a luciferic element in us. Ahriman can exist in us because our nervous system is dead, and because our blood is alive, Lucifer can live in us. Now you can see the significant differences between these two substances; they are polar opposites, just as the North Pole is to the South Pole.'*³

Lucifer is what enabled the world to 'light' up in the human being as a precursor to memory creation so he is connected to Memory, and he paved the way for Ahriman who entered the human soul in Atlantean times to use memory as a stepping stone for the elaboration of human Thought. Lucifer also inspires perception of the outer physical world. While Ahriman inspires thoughts based on the perceptions of the outer physical world.

Lucifer Perception/Memory
Ahriman Memory/Thought

Memory is, therefore what both have in common. It is also the point where they struggle.

Lucifer wishes the living spirit that enters the soul to be the only reality.

Ahriman wishes the dead mirror images reflected by the brain to be the only reality.

Evidence of Lucifer's inspiration exists in after images and complementary colours, which are Luciferic.

Why do I say that?

On Old Moon one could say Lucifer was the highest angel, but unlike the other angels he decided not to reflect the light of the Holy Spirit to

³ Ibid.

Earth, but to keep its substance for Himself. He inspires the same thing in human beings. When we see something, it enters into us and the evidence that this is steeped in the Thoughts of the Gods or the Spirit is found when they 'light up' in the darkness of our souls as after images and complementary colours. But they don't remain for long in our consciousness - in fact we don't notice them generally speaking, they are born and die away into our memories because Michael slays them to keep us free as we mentioned in our last study.

He does this so that Ahriman can inspire us to take only the mirrored images of the world to elaborate thoughts. These become dead thoughts because they are only reflections of life and light. They are only reflections because the Astral body is dead.

This gave us freedom.

But during the course of evolution materialism, or the tendency to create thoughts based only on material sense perceptions, dead thoughts devoid of the living spirit, reached its lowest point at the turning point in time. We mentioned this in our last study, that materialism had caused the human soul to begin to die and this also had an effect on the Earth, the Earth itself through the agency of human materialism began to die.

Here now we enter into the mystery of the Anti-Moon.

As we mentioned in the last study, all our thoughts in which we find elements of feeling and will, enter our blood (etheric body) and are etherised by the heart. Every night this essence rises up from our hearts to our heads, where it is laid upon the altar of our pineal glands. Here we offer up a sacrifice to the Gods, the essence of all we have thought, felt and willed in the day and it is either accepted by the guardian of the Threshold so that it can be taken by our angels to the spiritual world or it is rejected, if it is not compatible with what the spiritual world wishes to receive or which would pollute the spiritual world.

All that is not received by higher beings is detached from us in our sleep - all that is dead and belongs to the nervous system, to the head, all thought based on material perceptions and actions is seized by Luciferic and Ahrimanic beings and taken to the 8th Sphere or Anti-Moon.

This Anti- Moon is connected to the Earth by way of its core, in which exists the greatest egoism. This core acts as a 'gateway' to the 8th sphere. All thinking feeling and will that is dead, is seized from human beings and due to its 'heaviness', its materiality, finds its way to this sphere to feed the degenerated ethers.

Just as all that is worthy of the spiritual world enters through the gate of Kamaloca to the spiritual world to feed the dead and higher beings.

What is Torn from Thinking feeds Fallen Electricity
What is Torn from Feeling feeds Fallen Magnetism
What is Torn from Will feeds the dead Atom

One might say that in the human head, the human being has the potential to be the most free, for the head is that part of our bony system that is the most mineralised - so that in thinking abstractly the human being is not compelled by the spirit. But in the head, in the Brain the human being also has a potential for freedom due to its connection with the spirit - being the reflection of the spirit.

For this reason it is the human head which is the most attacked by adversarial beings who do not wish us to develop freedom towards a consciousness of the Spirit and seek to incarcerate us through senses and perceptions and by way of these through thinking that is abstract and mineralised. Here the battle is the fiercest.

'The most perfect of all is our organ of thinking, the brain and the skull, and there the battle of which I have spoken is the most vehement, precisely because this human head, this human brain, is fashioned as it is; and it is so fashioned because at this place in our body, Lucifer, and Ahriman too, have been the most successful in wresting mineral substance from us. Physical substance there is more spiritualised than anywhere else. The formation of our skull is due to the fact that it is there that most has been wrested from us. Hence it is precisely through the head that we can emancipate ourselves from our organism to the greatest extent. We can soar upwards in thoughts, we can distinguish between the good and the evil. And for that very reason, Lucifer and Ahriman have there been the most successful in wresting away substantiality; in the so-called noblest organ of man they have been able to wrest away the greatest amount of mineralised substantiality. This alchemy by which mineral substance is sent over into the Eighth Sphere is taking place all

*the time behind the scenes of our existence. — To begin with, I am simply communicating information; corroborations will emerge more and more clearly as our studies proceed.*⁴

The battle for the human soul is in the head. The human head is both the High Altar where we bring our spiritualised substance to be sacrificed to higher beings, or it is the Black Magic Altar where the spirit is sacrificed and what is materialised is offered up to the Eighth sphere.

In our last studies we said that:

We can form a counterforce to Asuras when we begin to Live with what lights up inside us with each sense perception of the natural world. When we take notice of what happens between perception and memory making in the realm of the Father, that is, the past effects of the 'I' of God.

We also saw how we can form a counterbalance to Ahriman when we begin to Feel what weaves from our souls to the world and from the world to our souls, in perfect balance, in other words, when we see the physical world and what belongs to it - the spirit - this mindfulness, this consciousness enables us to unite with the present 'I' of the World Christ.

Here we must pause to remember that Christ came into Earth Evolution to bring us the 'Life' that is dead in our Astral bodies. Before Christ came the Earth had entered into its lowest levels of materialism, it had severed itself from the spirit and could only experience it as it was reflected from Jehova on the Moon and through the Angels for it would have torn the soul asunder so materialised was it.

Christ brought the Spirit 'I' into the soul of Jesus of Nazareth as a potential for every human being. So that the human being can work towards not merely reflecting the 'I' in the brain, like the Moon reflects the Holy Spirit but that the human being can Unite his or her 'I' with the World Beings Light.

In the First Panel we unite with the 'I' of God - the Father.

In the Second Panel we unite with the 'I' of the World - Christ.

⁴ Ibid

In the Third Panel our own 'I' unites with the World Being's Light - Holy Spirit.

But just as the Spirit of Christ could only enter into Jesus of Nazareth through the mediation of the Spirit, Christ can only enter the human soul with his 'I' because another being elaborated the soul of human beings in readiness for it.

A messenger of the Sophia, an angelic being did not merely reflect the light of the Holy Spirit from the Moon but entered directly into human souls with the Wisdom of the Sun to elaborate that part of the human soul that can know God, can know the World and can know the Human being.

Theosophia - Knowledge of the Wisdom of God - Father

Philosophia - Love of the Wisdom in the World - Christ

Anthroposophia The understanding of the Wisdom in the Human being - Holy Spirit. (bearing in mind that understanding means to stand under...to have it shining into)

Anthroposophia is therefore found in all three panels!

She is the ONLY angelic emissary capable of uniting the Wisdom of the Sophia, of the Sun with the human being. This is the wisdom of all the planets as they are reflected by the Sun towards the Earth - just as the Angels are the emissary of the Wisdom of the Holy Spirit, which is reflected by the angels from the Moon.

And just as Anthroposophia in her only incarnation as a human being, Mary of the Luke Gospel, gave birth to Jesus, the soul capable of receiving the spirit of Christ, so does Anthroposophia in our time give birth, in the human being, to a soul capable of receiving Christ.

Christ who brought the light to the Earth, the Kingdom to the Earth, the Life that can enliven the dead Nervous System. He died to rescue us from death, death of the physical body, first panel, death of the soul second panel, death of the spirit, third panel.

In the sense of this Third panel, he has rescued human thought and implanted in the human soul and in the soul of the earth the seed of the

living spirit. It brings like to those beings craving for it, the elemental beings who live in the darkness of our souls.

Because of Christ we are capable of seeing the after image and the complementary colour without being compelled, and through a consciousness of the spirit which they signify we are able to think not merely about the past or the present but we are also capable of imagining the future.

Christ transforms Ahriman's lie - a thinking that is mineralised because it is related only to the physical world, to a thinking that can perceive the spirit because it is spiritualised.

Ahriman's sting the complete disconnection from the spirit by distancing the human being from what the reality of what he sees is turned into an ability to imagine, through Christ.

We can only conjecture on what we might do or how we might feel because Ahriman has entered our Astral body but we can turn this ability to look into the future into a faculty of Revelation because of Christ.

Paradoxically Christ Revelation is only possible because we can lie, because we can 'create' inside our souls something that does not correlate to anything we have seen or that we can perceive in the outer world. But it is in transforming this lie, this death that we regain life.

In Christ death becomes Life.

We can raise our thoughts then to where thinking is living being.

Per Spiritum Sanctum Reviviscimus!

Ahriman did not count on this!

So we come to:

Practice Spirit-vision
In quietness of Thought,

What is spirit vision and why must thought be quieted?

When the life of elemental beings enters our souls the light of the angels, the Holy Spirit Thoughts, the Eternal Thoughts of Worlds, also enter us with them. When we observe how they enter us, this is a passive condition. We observe what lights up and what dies away. Practising recollection is only a bringing together of what was Astrally created for us in our souls/Etheric body in the past.

On the other hand, Practising Spirit mindfulness requires a little more effort, we must become conscious not merely of what was created, but what is Astrally creating itself in us at the same time as it is being created in the Etheric Body in the present.

But this is still not our own creation!

When we practise Spirit Vision we are using thought to create something inwardly visible from the substance of our own souls, 'out of nothing'.

What does this mean?

It means that we use our knowledge of the previous stages where the spirit creates light in the Etheric Body, and how the spirit is creating colour in the Etheric body. We take the colour and light, in other words we resurrect the elemental beings whose activity is light and colour and we create *with* them.

Think of an artist, he takes up a brush and he paints with colours on a canvas to create a work of art. You can become conscious of what he has created after the effect - recollection; you can become conscious of what he is creating as he is creating it, mindfulness; or you can take up the brush yourself and use the same colours he used to create on your own canvas.

If the artist is the angel carrying the aims of the God's in his own self, the spirit, and if his brush is the World being's light, the Thoughts of Worlds bestowed upon us through the Will of the spirits of colour that weave a painting on the canvas of our souls - to practise spirit vision is to take up the brush and paints to become the artist, to become the angel. To take up the light of the spirit and the willed life colour of the elemental beings in order to become creative through love.

The brain cannot move if it is to reflect the spirit that enables us to think, conversely, thinking must be silenced so that it can become an organ of Vision!

When we engage in a creative meditation, for instance the Rose Cross Meditation, we are using memory images but they are not altogether 'true' because in the physical world, one would never see roses growing out of a dead cross. When we silence ordinary thinking and we will the colours and light to come from the depths of the soul to create something that is 'fantastical', this activity transforms thought into an willed organ of perception - in other words and organ of love - Heart thinking!

Then one can take this a step further. One can create an orange circle inwardly with enough intensity, not relying on memory images of outward perceptions and thoughts but merely retaining a 'feeling' for the colour orange, and when one allows this to die away, as the after images and complementary colours die away, then what rises up from the depths of our being is the light of the spirit which is a revelation, a memory of the future!

We come to two poles and in between them Christ:

Nature - memory of the past spirit - Father.

Christ - Present Spirit - Son.

Revelation - memory of the future - Holy Spirit.

Revelation or what is revealed is the one who creates. The creator God that we saw in the First Panel is not found in the realm of nature - only his memory. The human spirit, the spirit that is the essence of the angels and belongs to the Holy Spirit ultimately lives in the spiritual world. A consciousness of the will in the soul leads our consciousness to this spirit which is attracted to our consciousness. That is how the Consciousness Soul becomes the Spiritual Soul. A Soul that is one with the Spirit - because it has created a spiritual sheath into which the spirit can enter.

In a sense this takes us a step further than the Second Panel, in which we became one in our feeling life with Christ. We become one in our thinking and conscious life with Christ. We will, feel and think with Christ.

To perceive the light of the human spirit, Christ - Spirit vision - not the reflection of the Spirit by the brain, is to truly think.

Free Willing is True Thinking. Thinking is Creative Vision, a vision that has used the spirit, the World Being's Light in the human being, which unites with it as the foundation.

Where the Eternal aims of Gods
World-being's light
Upon thine own I unite
For thy free willing.
Then from the ground of the Spirit in Man
Thou wilt truly *think*

This is how we create a Counterimage of Lucifer's temptation to selfishness - selflessness is the precursor to love, and it is a Counterimage of the 8th sphere, in which lives all the self made dead mirrored images, the loveless or mineralised imaginations of the world.

But this could never have been possible had Christ not entered world Evolution and died bringing the spirit down to the Earth. We must remember that Lucifer lives in the blood. Lucifer's temptation was to selfishness which engendered selfhood, he tempted the human being to keep the light inside the self to create a soul. Christ came to release us from this egoism towards selfless sacrifice. When we do this, Lucifer becomes the light in the soul by which we find Christ, the light he tempts into the soul, the elemental beings become for us the bridge to Christ because they are the willed light of His spirit, since he joined his Will to the World.

We move from Human thoughts to Cosmic Thoughts.

What is prayed in the depths is answered in the Heights when the Spirit of Christ lives again through the Human being!

Per Spiritum Sanctum Reviviscimus!

During the Total Eclipse of the Sun what we have seen in these last three studies, with respect to the three adversaries, reaches its highest apogee.

Meaning all that lives in the 8th sphere, all the mineralised imaginations, all that is torn away from human beings through the agency of Asuras,

Ahriman and Lucifer, rises up because it is unchecked by the physical light of the Sun, by the Wisdom of the Sun. What lives in the Eighth Sphere, the Anti Moon is also the force which we might call Anti Sun or Anti Christ - Anti Wisdom. Anti Cosmic Intelligence = Artificial Intelligence.

Sorath.

Interestingly, Total Solar Eclipses happen during a new Moon, when the Holy Spirit 'light' is at its strongest, and so the redeemed Lucifer can be the mediator at this time of three kinds of light: the Spirit light of the World - Sophia, the Day Radiant Light Michael, Light Divine - Christ.

Only these three can help us to overcome Sorath who works through Asuric beings, Ahrimanic beings and Luciferic beings.

The elemental beings hear it,
May human beings hear it.

We will discuss this in the next study when we look more deeply into the Fourth Panel.